



39TH ANNUAL ABC 10,000

Arcola Broom Corn Festival 10K & 5K Road Races

SEVENTEENTH 5K RECREATIONAL WALK

Arcola, Illinois

Saturday, September 10, 2016

FESTIVAL T-SHIRT TO FIRST 300 ENTRANTS

Starting Time: 8:00 a.m. sharp, runners lead.

Course: 10,000 Meters (6.2 miles) on brick and hard surfaces through and north of Arcola.

Finish downtown Arcola. 5,000 meters (3.1 miles), all in town. Police escort; aid stations; split times.

To ensure the safety of all runners and walkers:

Bicycles, roller blades, skateboards, leashed or unleashed animals will not be allowed on race course. Baby joggers or strollers are allowed for walkers only and must begin behind walkers.

Check-in Time: 7:00 a.m. at Kelley Moore Park Pavilion, Route 133, (2 blocks west of I-57, Exit 203, on south), Arcola.
No entrants after 7:30 a.m.

Registration Fees: \$20.00 on or before 8-26-16;
\$25.00 after 8-26-16.

Internet Registration: on or before 9-8-16 at
itsracetime.com



RACE CATEGORIES FOR 5K

MEN		WOMEN	
14 & Under	40-49	14 & Under	40-49
15-20	50-59	15-20	50-59
21-29	60-69	21-29	60-69
30-39	70+	30-39	70+

RACE CATEGORIES FOR 10K

MEN		WOMEN	
29 & Under		29 & Under	
30-39		30-39	
40-49		40-49	
50-59		50+	
60+			

Awards presented following race at Main Street stage.

Overall plaque. Awards to top three finishers in each division. Drawing for prizes - **MUST BE PRESENT TO WIN.**
Race results will be available at It's Race Time (itsracetime.com).

OFFICIAL ENTRY FORM FOR ABC 10K & 5K ROAD RACES AND 5K RECREATIONAL WALK

RETURN WITH CHECK OR MONEY ORDER PAYABLE TO ABC 10,000; 700 S. ELM ST., ARCOLA, ILLINOIS 61910

Circle your event: 10K 5K 5K Recreational Walk SEX: (Circle) M F Amount enclosed \$ _____

NAME: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____

Date of Birth (MM/DD/YYYY) _____ T-Shirt Size (Circle) Youth: 10/12 Adult: S M L XL XXL

Make check payable to: ABC 10,000

In consideration of acceptance of this entry, the undersigned, being of legal age, hereby waives, releases, indemnifies and holds harmless The Libman Company, Sarah Bush Lincoln Health System, First Mid-Illinois Bank & Trust, Law Office of Kosic & Stout, P.C., Mediacom, Arcola Chamber of Commerce, City of Arcola, Arcola Police Department, Township of Arcola, and officials of all governmental bodies of Douglas County, Illinois, their representatives and agents of any and all right and claim for loss, damages, injuries and liability arising from harm, physical injury or mental anguish incurred, suffered, sustained or experienced by the below-named participant due to any occurrence during the 10K race, 5K race or 5K walk, or in traveling to or from said events. In addition, full permission is granted to use any photograph, motion picture, recording or any other record of this event for any purpose whatsoever. I have carefully read the foregoing and voluntarily sign the same as my own free act, intending to be legally bound hereby, on behalf of myself, the below-named participant, our heirs, executors and administrators.

Participant's Signature: _____

Signature of Parent or Legal Guardian: _____

A physical examination is not required to qualify to run or walk in this event. However, all competitors participate at their own risk. If in doubt as to your physical condition to engage in an event as strenuous as a 10,000 meter or 5,000 meter race or walk, it is strongly recommended that you seek the advice of a competent physician. All persons under 18 years of age must have written consent of their parent or legal guardian to compete in the event.